# KINDNESS QUILT

Ask your child what nice things we can do for others, such as sharing toys, giving hugs, helping clean up, or saying kind words. Have your child draw a picture of a kind act on each quilt square. (This requires multiple copies of this paper) Younger children can draw simple pictures like hearts, smiles, or flowers. Help your child cut out each square, then tape or glue the squares together so they touch like a quilt. Hang the finished kindness quilt where it can be seen every day as a reminder to be kind.



